

Day trips & hikes



with the **Bolzano Card**



2024



Apfelstadt 
Leifers
Branzoll Pfatten



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Bolzano Card

Free, but valuable: your guest card for Laives and surroundings

Have you just obtained your **Bolzano Card** from your hosts and are you overwhelmed by the wide selection of offers and services included in your guest card? No problem! We are happy to help you personalize your holiday with the guest card so that it is full of adventures. In this brochure, you will find so many different excursions with the **Bolzano Card** that we hope we'll be able to satisfy every need.



The tourist information team wishes you a happy and unforgettable holiday!



Laives Bronzolo Vadena Tourist Association

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www.laives-info.it



Ideas for families



Summer



Winter

Tips for using the Bolzano Card

Validity:

The name and the validity period (arrival and departure date) must be indicated on the Bolzano Card. The card is valid only during the period of your stay. After departure, the Bolzano Card automatically loses its validity. In addition, the Bolzano Card is valid for maximal seven consecutive days. In the event of a longer stay, a new card will be issued on the seventh day.

Validation:

The card must be obliterated every time you use public transportation. In buses without validators and in buses equipped with validators for Contactless Tickets only, the Bolzano Card is valid as a visual ID. In museums the card needs to be scanned for validation at the entrance. For the use of other services validation is given by the correspondent service provider. In case of Bonus Partner you can simply show your card.

How to use properly:

On all public transport the Bolzano Card is read through the magnetic strip. Since the magnetic strip is sensitive to outside impacts, please follow these recommendations:

- > Do not put your card near to your smartphone
- > Do not put your card near devices that can demagnetize it (for example magnetic latches on wallets or handbags)

Illegible/Invalid cards:

If the Bolzano Card is damaged, the obliteration machines on public transport will print "Illeg./Unleser." with date and time on the bottom of the back of your card. Passengers can still finish their ride/tour for the whole day on which the card was marked illegible, afterwards you must request a new card from your accommodation.

Included services of the Bolzano Card are for individual guests. Please pay attention on the respective terms of application and the number of participants.



to Bolzano city centre (railway station)

- > from Laives town centre: bus no. 110, 111, 120
- > from Laives railway station: train no. 100
- > from Pineta: bus no. 110, 111, 120
- > from San Giacomo: bus no. 110, 111, 120
- > from Bronzolo railway station: train no. 100, Bus Linie 110

On weekdays buses run every 15 minutes,
on Sundays and public holidays every 30 minutes.
On Sundays and public holidays, only bus no. 110, 120 and the train are in service.



südtirolmobil app

The südtirolmobil app is a free information service available to all customers of the **local public transport network in South Tyrol**. Once you have downloaded the app, you can quickly and easily find all the stops and timetables of the public transport services where you are staying.



Earth pyramids on the Renon



Conquering the Renon - a true adventure

Cable car. Earth pyramids. Majestic views of the Dolomites.

On the Renon plateau, you can enjoy majestic views of the Dolomites: the Sciliar, Catinaccio and Latemar mountains. The earth pyramids are the symbol of the Renon and are well worth a visit. They are also the tallest of their kind in Europe.

How to get there:

from Laives to the railway station in Bolzano: see page 5

from Bolzano railway station to the Renon: the Renon cable car station is a 10-minute walk from the railway station (cable car leaves every 4 minutes)



Description of the walk:

The cable car takes you to Soprabolzano and from there you take the "Freudpromenade" path that leads to Collalbo. Once in Collalbo, take the "Earth Pyramid Trail" to Longomoso until you reach the platform with a view of the earth pyramids. Both paths are suitable for families with pushchairs.

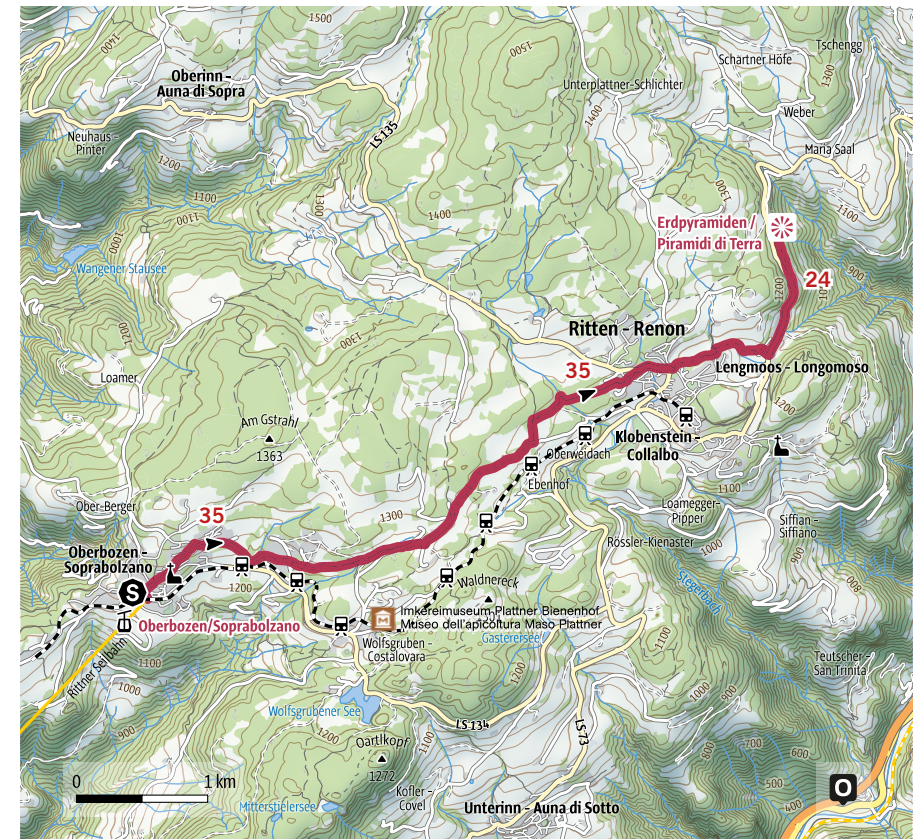
If you don't feel like walking, the stretch from Soprabolzano to Collalbo can also be completed using the historic train.

Freudpromenade:

🚶 5.5 km ⌚ 1.30 h ⚡ approx. 150 m 📍 no. 35

Earth Pyramid Trail:

🚶 3.5 km ⌚ 45 min. ⚡ approx. 100 m 📍 no. 24



🚶 one way ⌚ full walk ⌚ duration ⚡ altitude difference uphill ⚡ altitude difference downhill 📍 path number

*free with the Bolzano Card: bus €3, cable car €10, train ticket €6.



The "Round table" viewpoint



A trip to the Corno del Renon

Enjoy the best 360° view of South Tyrol

A trip to the Corno del Renon is an unforgettable experience. Once you reach the peak at 2,260 meters, you will be able to enjoy a breathtaking view of the surrounding mountains: the Dolomites, the Sarentino Alps and behind them the Stubai Alps peep out. On many clear days, the Ortles and even the Großglockner, Austria's highest mountain, can be seen from the Corno del Renon.

How to get there:

from Laives to the railway station in Bolzano: see page 5
 from Bolzano railway station to the Renon: the Renon cable car station is a 10-minute walk from the railway station (cable car leaves every 4 minutes)
 from Soprabolzano to Collalbo: with the historic train (no. 160)
 from Collalbo to Tre Vie: bus no. 166
 from Tre Vie to the Corno del Renon: by cable car (mid-May to early November and mid-December to mid-March)

Alternative: by car until Tre Vie (approx. 50 min.), car park with a charge.



Description of the walk:

Panoramic tour with departure and arrival at the mountain station of the Cima Lago Nero cable car. This walk is particularly special due to the beautiful view of the Dolomites, the "Round Table" and "Dolomitoscope" viewpoints, the mountain pine maze, the observation tower and the Kneipp bath. The whole walk can be easily undertaken with a pushchair or buggy.

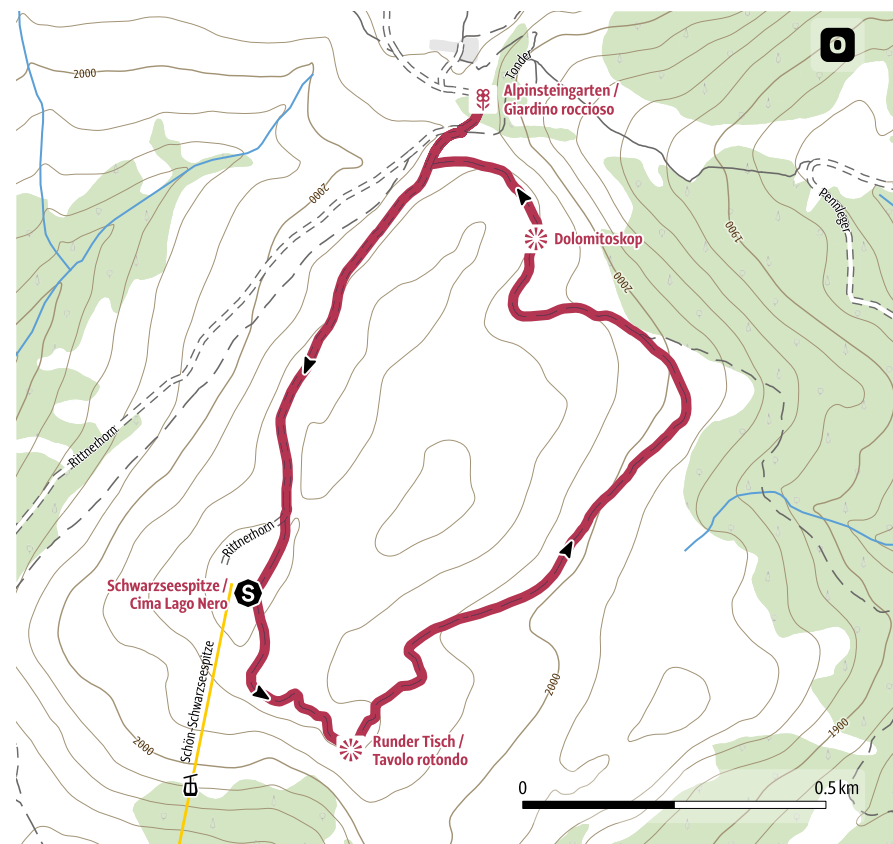
Our advice: To make the trip more demanding, don't take the cable car and do the stretch from Tre Vie to the Corno del Renon on foot.

Panoramic trail:

🕒 3 km 🕒 45 min. ⚡⚡ approx. 100 hm 📍 Panoramic trail

From Tre Vie to Cima Lago Nero:

🕒 7 km 🕒 2.30 h ⚡ approx. 660 hm 📍 no. 1, 9A, 9



🕒 one way 🕒 full walk 🕒 duration ⚡ altitude difference uphill ⚡ altitude difference downhill 📍 path number

*free with the Bolzano Card: bus €6, cable car €10, historic train ticket €6, Corno del Renon cable car €19.



Hiking on the Latemar



Explore the Latemar in Obereggen

Dolomites. Nature. Adventure trails.

Not far from the capital city of South Tyrol, Bolzano, lies the idyllic valley Val d'Ega, which spoils its visitors with two of the most famous mountains of the Dolomites UNESCO World Heritage: the Catinaccio and the Latemar. A varied outdoor experience and the enjoyment of nature are guaranteed!

More than 500 kilometres of hiking trails wind their way through the fascinating rock formations in the Dolomites of Val d'Ega. On these routes visitors can reach mountain huts, discover adventure trails or reach peaks. Experienced mountaineers will find challenging routes, while families can enjoy relaxing hikes.

How to get there:

from Laives to the railway station in Bolzano: see page 5

from the bus station in Bolzano to Ponte Nova: bus no. 180

from Ponte Nova to Obereggen: bus no. 184

Alternative: travel by car (approx. 40 min.), free car park.



Description of the walk:

Once you arrive in Obereggen, you can either set off on foot or take one of the two cable cars, the **Ochsenweide gondola lift** or the **Oberholz chairlift**, towards the Latemar (-20 % when showing the Bolzano Card). Discover a variety of hikes using the following QR code:



Latemarium hiking map:

www.obereggen.com

Our hiking recommendations :



Latemar.Torre di Pisa

The **Latemar.Torre di Pisa** hike is a demanding circular route that is recommended for experienced hikers. With an elevation gain of around 700 metres and a walking time of 4-5 hours, this tour is a challenge. It leads through the heart of the Latemar, past imposing boulders and rockfalls. As a reward for the effort, a majestic view awaits hikers at the top.

*Reduced with guest card: bus 11€, cable car, 20% discount (only during the summer season): valid at the Oberholz chairlift and the Ochsenweide gondola lift (-4€)



Latemar.Natura

The **Latemar.Natura** hiking trail is particularly suitable for families. With a distance of 3.1 km and a difference in altitude of around 140 metres, it can be covered in around 1.5 hours. Fascinating interactive stations, specially designed for children, are waiting to be discovered along the way.



The Titschenwarte viewpoint

A trip to the Colle and La Costa

A beautiful walk and wonderful mountain views

The Colle and La Costa offer a variety of opportunities for trips, both on foot and by mountain bike, which lead up to various viewpoints, from where you can enjoy the breathtaking panorama of the Dolomites and the Bassa Atesina.

How to get there:

from Laives to the railway station in Bolzano: see page 5
 from Bolzano railway station to the Colle cable car: busses no. 1, 6 and 9 (Sundays and holidays: bus no. 14) go directly to the valley station of the Colle cable car (departures every 20 minutes from 8-17).



Description of the walk:

Start the tour at the mountain station of the Colle cable car on path no. 1. Passing the Schneiderwiesen hotel you come to a hairpin bend and from there follow the narrow path no. 5A until you reach the Titschenwarte viewpoint. On the way back, take path no. 5 to the Colle cable car.

Our advice: Why not plan your lunch stop at the Schneiderwiesen hotel, where you can enjoy a variety of South Tyrolean dishes.

from the Colle cable car to the Schneiderwiesen hotel:

2.5 km ⌚ 1 h ⚡ approx. 250 m 📍 no. 1

from the Schneiderwiesen hotel to the Titschenwarte:

2 km ⌚ 45 min. ⚡ approx. 200 m 📍 no. 1, 5A

return to the Colle cable car:

5 km ⌚ 1.15 h ⚡ approx. 450 m 📍 no. 5



📍 one way ⌚ full walk ⌚ duration ⚡ altitude difference uphill ⚡ altitude difference downhill 📍 path number

*free with the Bolzano Card: bus €6, cable car €8.



The Bletterbach gorge



Adventures in the Geoparc Bletterbach Aldino

Dolomites UNESCO World Heritage Site

During the hike in the Bletterbach gorge, an interesting journey through time is undertaken. The UNESCO World Heritage Site gives you the opportunity to look into the interior of the mountains, the world of rocks and the history of the Dolomites. The Bletterbach gorge looks like an open book, in which scientists, hikers passionate about geology, and families with children interested in nature can browse through more than 40 million years of earth's history.

How to get there:

from Laives to Ora: bus no. 120 to the stop „Via degli Olmi“

from Ora to Montagna: bus no. 140 to the stop „Via delle Dolomiti“

from Montagna to Aldino: bus no. 142 to the stop „Bivio Lerch“

from Aldino to the Geoparc Bletterbach: bus no. 145 (journey not included in the Bolzano Card)

The duration of the journey is about 1 hour and 10 minutes. Bus no. 145 will be operational from 01.05.2024 to 31.10.2024. **Alternative:** travel by car (approx. 45 min.), car park with a charge.



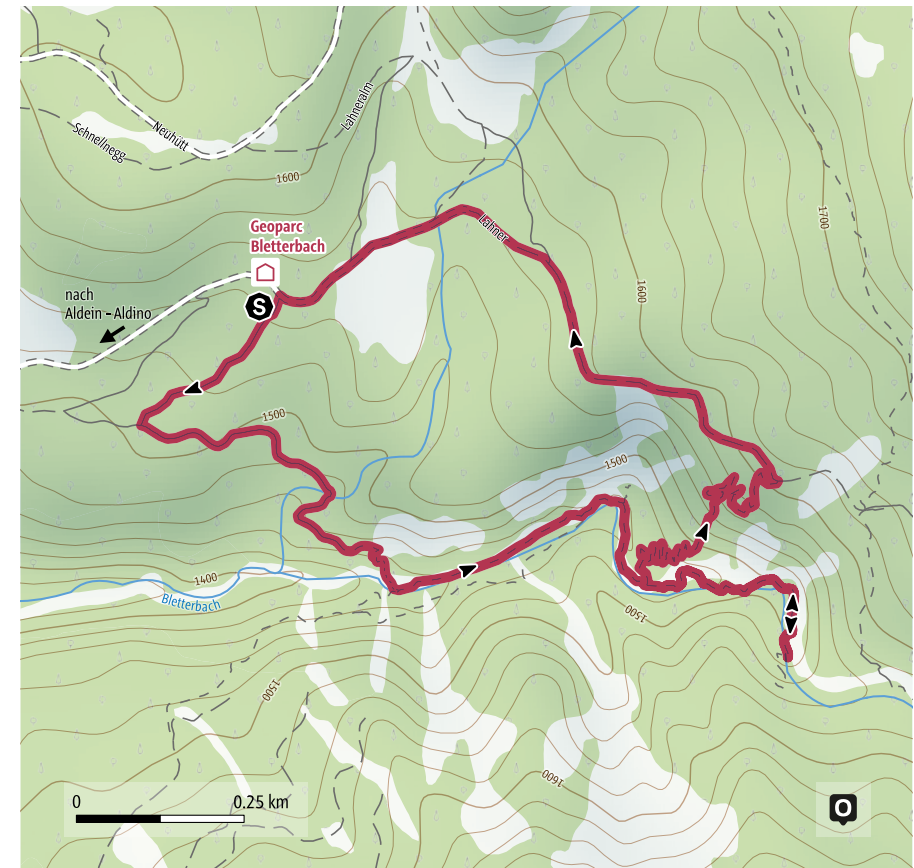
Description of the walk:

The path in the Bletterbach gorge begins at the Visitor Centre in Aldino on path 3 and continues through porphyry and sandstone walls to a large waterfall. The "Jagersteig" path leads to the exit of the gorge, and you return to the Visitor Centre in Aldino along a forest road. Free entry to the Bletterbach gorge, the Visitor Centre and to the GeoMuseo Redagno with the Bolzano Card, where you can rent safety helmets for the walk in the Bletterbach gorge free of charge. Sturdy shoes with hiking boot soles are required for the hike.

The Bletterbach gorge is only accessible from May to October.

GEOTour Bletterbach:

🕒 4 km 🕒 1.30 h ⚡ approx. 250 m 📍 no. 3, "Jagersteig"



👤 one way 🕒 full walk 🕒 duration ⚡ altitude difference uphill ⚡ altitude difference downhill 📍 path number

*free with the Bolzano Card: bus €9, Geoparc Bletterbach ticket €9.



Mendola funicular



Arrive at Passo Mendola with the oldest funicular in Europe

Caldaro. Passo Mendola. Penegal.

The trip to the Mendola Pass is an unforgettable experience. The funicular climbs from Caldaro to Mendola with a 64% gradient. When the Mendola funicular was inaugurated in 1903, it was the first electric funicular in Tyrol and the steepest and longest in Europe.

How to get there:

from Laives to the railway station in Bolzano: see page 5

from the bus station in Bolzano to Caldaro: bus no. 132 to the Mendola funicular station in S. Antonio, Caldaro.

from Caldaro to Passo Mendola: by funicular (departures every 30 minutes from 8.30-18).

Alternative: by car (approx. 30 min.), free parking at the funicular station in Caldaro.



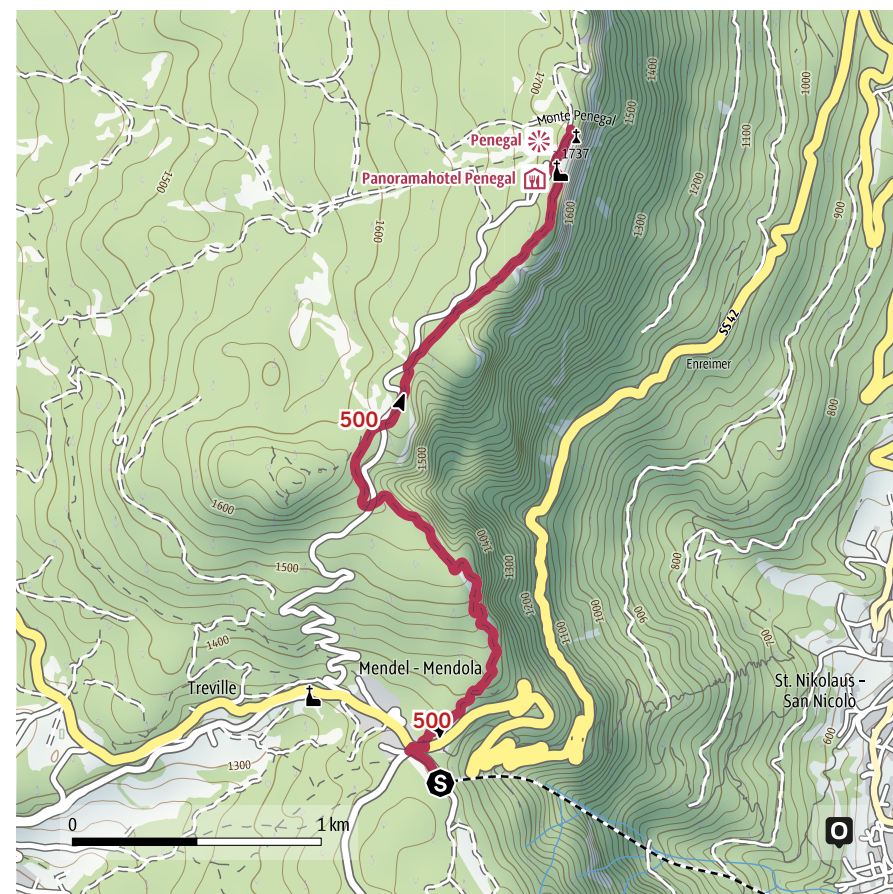
Description of the walk:

Once you arrive by funicular at Passo Mendola, leave the mountain station and walk past the Kalterer Hof hotel. Then you cross the Mendola state road and go up the wooded slope. Path no. 500 leads to the top of the Penegal.

Our advice: Enjoy a breathtaking view of the Dolomites and the Ortles Group at the Penegal viewpoint at 1,737 m.

Walks to the Penegal:

🚶 3.3 km 🕒 1,5 h ⚡ approx. 380 m 📍 no. 500



🚶 one way 🕒 full walk 🕒 duration ⚡ altitude difference uphill ⚡ altitude difference downhill 📍 path number

*free with the Bolzano Card: bus €8, funicular €10.



Il gigante con i due scivoli



The "Köfele" trail in Meltina



A themed trail for the whole family

The „Köfele“ trail starts directly at the mountain station of the cable car Vilpiano-Meltina. Along the trail you will find four stations which invite you to play, clamber, and relax and make the trail an experience for the whole family. The stations are the wooden Haflinger horse, the tree house, the “Knottensteig” and the giant with two slides.

How to get there:

from Laives to the railway station in Bolzano: see page 5

from Bolzano to Vilpiano: with bus no. 201 to the station of the Meltina cable car

from Vilpiano to Meltina: by cable car (departures every 15 minutes

from 7-19 from April to October, reduced timetable during winter).

Alternative: by car (approx. 20 min.), free parking at the cable car station in Vilpiano.



Description of the walk:

The hiking trail starts at the mountain station of the cable car. Signpost no. 1 (Köfeleweg) leads you leisurely through the shady forest to the four stations of the themed trail. The path ends in the centre of the town of Meltina. To return, take the same trail back to the cable car.

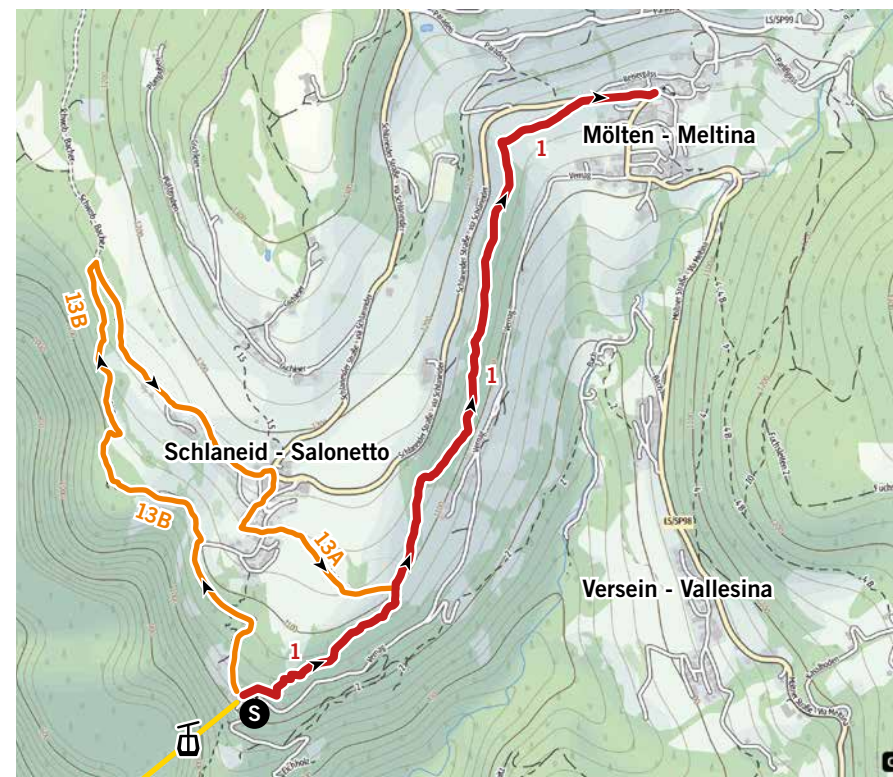
Our advice: To extend the walk, you can follow trail no. 13B from the cable car station. This trail takes you to the ruins of the small church “Valteskirchl” and along the circular path “Valteswald-Rundweg” to a fifth station of the themed trail. From there, trail no. 13A brings you to the playground of the town of Salonetto and after passing the town you will get back to the “Köfele” trail and the other stations.

"Köfele" trail:

— 3 km ⌚ 1 h ⚡ approx. 200 m 📍 no. 1

"Köfele" trail, extended walk:

— 6.5 km ⌚ 2 h ⚡ approx. 350 m 📍 no. 13B, 13A, 1



— one way ⌚ full walk ⌚ duration ⚡ altitude difference uphill ⚡ altitude difference downhill 📍 path number

*free with the Bolzano Card: bus €9, cable car €6.



“Knottnkino” Rotsteinkogel



“Knottnkino” in Verano

Open air cinema on the Avelengo, Verano and Merano 2000 plateau

The new "Knottnkino³" thematic path connects the main attractions of Verano: the three peaks of red porphyry known as the Rotsteinknott, Beimsteinknott and Timpflerknott. Each of the three "Knottn" ('rock' in South Tyrolean dialect) invite to relax in the new artistic resting areas and enjoy the view like in an outdoor cinema.

How to get there:

from Laives to the railway station in Bolzano: see page 5
 from Bolzano to Postal: with bus no. 201 to the station of the Verano cable car
 from Postal to Verano: by cable car (departures every 20 minutes from 9-12 & 13-19.40).



Description of the walk:

This walk starts at the mountain station of the Verano cable car, following paths no. 1 and no. 12 towards Avelengo – Merano. Once you reach the Egger farm, turn right in the direction of “Rotsteinkogel”, where the famous Knottnkino is located with a view of the entire Val d'Adige as well as the new rest area with a view of Verano. Go back to the Egger farm, then continue to the Weber farm and up the “Schützenbründl” path. Just before the big marquee, turn right to the new “Attimo” viewpoint on the “Beimsteinkogel”. Return along path no. 14 and cross the car park to reach the “Grüner Baum” restaurant. Continue to the Obertimpfler farm, turn left and then continue to the cinema on the Timpfler Knott, where the new “Wolf” shadow play is located. Follow the signs for Verano Paese to return to the starting point.

Our advice: On your return, stop at the “Café Sonnseit” bistro at the mountain station of the Verano cable car and enjoy one of the delicious homemade desserts. There’s also guaranteed fun for children, as there’s a small playground right next to the bistro.

Knottnkino³:

🚶 11.5 km ⌚ 4 h ⚡ 470 m

📍 no. 1, 12, signposted Knottnkino³, 14, signposted Knottnkino³



🚶 one way 🚶 full walk ⌚ duration ⚡ altitude difference uphill ⚡ altitude difference downhill 📍 path number

*free with the Bolzano Card: bus €11, cable car €10.



On your bike!

Bike rental on site

So you don't want to load the bike into the car too? No problem: rent one directly on the spot! 1 day of bike rental per week is free with the Bolzano Card at the shop listed below. Trekking bikes, mountain bikes and children's bikes are included. E-trekking bikes and e-mountain bikes can be rented for an additional fee. Jump on your bike! Saddle up, helmet on and off you go exploring the surroundings.



Surcharge for e-bikes:
e-trekking bikes 9€
e-MTB 14€

Ride +39 bike rental

Via Kennedy 181,
39055 Laives
t +39 0471 537500
info@rideplus39.it

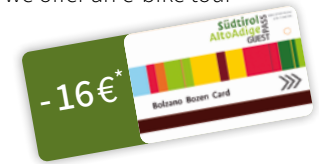
Opening hours & online reservation

laives.guestnet.info



Bike rented? And now?

Take part in our guided excursion. From Easter to October, we offer an e-bike tour along the Adige cycle path to Trento.



Guided e-bike tour

Every Thursday from 9 a.m. to 5:30 p.m. (only in German/Italian)

Our 55 km e-bike tour leads south along the Adige River to Trento. The Adige cycle path, flat and peaceful, is a special delight for occasional cyclists. Along the route, you can enjoy the fantastic panorama of the Bassa Atesina and Trentino. Once in Trento, the city invites you to take a break and visit the historic city center. Finally, the return journey to Laives will be by train. Wearing a helmet is mandatory.

Additional expenses: €7 for the train ticket for the bike (return journey)

ca. 55 km

Registration: by Wednesday, 12 p.m. | tourist-info Laives, t +39 0471 950420



one way full walk duration altitude difference uphill altitude difference downhill path number

*free with the Bolzano Card.



Laives - the apple town

The newest town in South Tyrol



Laives map

Laives is located about 10 km south of Bolzano - the town is very central and therefore allows you to reach many destinations quickly and easily. Laives is surrounded by 500 hectares of fabulous apple orchards, which in spring turn into a sea of blossoming flowers.

The apple in Laives: more than one fifth of the municipality's territory comprises apple orchards. About 32,500 tons of apples are harvested every year and there are many different varieties; in fact 13 different types of apples are grown. The most prolific apple is the Gala variety, and one in every four apples grown in Laives is a Gala.

The **weekly market** is held on Thursdays from 8 a.m. to 12 p.m.



Laives guided visit

every Tuesday
(only in German/Italian)

Guided tour of Laives with a visit to the parish church, where the interaction between ancient and modern is clearly presented. Depending on the interest, the church of San Pietro, which is known as the emblem of Laives, can also be visited.



Guided visit to the farm

every Wednesday
(only in German/Italian)

Guided visit to one of the fruit farms in the area to fully discover the world of apple cultivation. At the end of the visit, there is a tasting of different apple varieties and of an exquisite apple juice.



Guided excursion into the world of wild herbs

every Friday (only in German/Italian)

Through an easy excursion, you will learn about the healing power of wild aromatic herbs, the ideal period of cultivation, how to dry them properly and how they can be good for your health.

*These initiatives only take place from Easter to October and are free with the Bolzano Card. The offers of the weekly program are for individual guests.

Filodrammatica di Laives: discount on the tickets to the concerts and the performances. Show your card at the box office and you will get a reduction on the ticket price.

Ice rink: 1 free entry (from December to the beginning of March)



Piazza Walther

Bolzano - the capital of South Tyrol and not to be missed

Shopping and strolls. Theatre and culture. Trade fairs and business.

The famous arcades with their tempting traditional shops. The fruit and vegetable market in **Piazza Erbe** attracts people from far and wide with its unique stands. There are South Tyrolean specialties, but also fresh seasonal fruit and vegetables. The **Sant'Osvaldo promenade** is located just outside Bolzano: it creates a Mediterranean atmosphere with its magnificent flora and the breathtaking views of the city and surrounding landscape. The large **weekly market** takes place every Saturday in Piazza Vittoria (7 a.m. - 1 p.m.)

And don't forget: the large selection of museums in Bolzano, **where admission is free with the Bolzano Card**. The guest card also allows you to take part in one of the guided tours of the city of Bolzano, which are organised by the Bolzano Tourist Office.



Bolzano Map

Museums and castles



Ötzi: At the South Tyrol Museum of Archeology, it is possible to admire, on the first three floors, the Iceman - also known as Ötzi - and much of his equipment and clothing, which tell the story of the man and his life.



South Tyrol Museum of Natural History: Covering an exhibition area of about 1,000 square meters, the museum allows you to discover - in a sort of journey through time marked by models and experimental and multimedia stations - the most important moments in the origins of the earth as well as the birth and development of the various natural environments.

-10€ Museion: The museum of modern and contemporary art has over 4,500 works of modern and contemporary art that are regularly exhibited in specific themed exhibitions. The Museion also organizes tem-

porary exhibitions by well-known international contemporary artists.



Castel Roncolo: The castle dates back to the thirteenth century. In addition to the famous cycle of secular frescoes dating back to the Middle Ages and objects from the old armory, temporary exhibitions on cultural history themes can be periodically admired.

Messner Mountain Museum Firmiano: The heart of Reinhold Messner's museums, which focuses on the relationship between humans and the mountains, is found in **Castel Firmiano**. The exhibits range from memorabilia and works of art to testimonials from the history of mountaineering and alpine tourism.





The gardens of Trauttmansdorff Castle

Merano - the spa town surrounded by the breathtaking Tyrolean Mountains

Mediterranean climate. Alpine landscape. Numerous places of interest.

The imposing castles and the spectacular "Kurhaus" built in a liberty style, which is the landmark of the spa town, are part of the cultural treasures of Merano. **The Gardens of Trauttmansdorff Castle** are the most beautiful in Italy and impress with their exotic and Mediterranean landscapes.

How to get there:

from Laives to the railway station in Bolzano: see page 5
from the railway station in Bolzano to Merano: by train (no. 200)



Merano map



Enjoy a **walk on the „Gilfpromenade“** along the river Passirio reaching the Powder Tower, from which you can enjoy a wonderful view of the town. The historic centre is an attraction with its many shops along the medieval arcades. The large **weekly market** takes place every Friday in the carpark at the railway station (8 a.m. - 1 p.m.).



From the railway station bus no. 1 or no. 4 takes you to the **Gardens of Trauttmansdorff Castle**.
(Entrance to the gardens is not included in the Bolzano Card.)

Also accessible by bus (no. 1) from the railway station is the **Rametz Castle Wine Museum**. In the private museum belonging to the Schmid family, tools and utensils illustrate the development of viticulture and wine processing, pest control and agriculture in the Burgraviato, as well as the tradition of speck production.





Piazza del Duomo

Trento: the capital of Trentino

Italian charm. Architecture. MUSE.

Trento is situated along the Adige River and is surrounded by mountains. The city center can be reached from the train station in just 5 minutes.

The modern city, with its university and

research centers, offers a wide range of historical attractions. These include the **Piazza del Duomo** with the Cathedral of S. Vigilio, the **baroque fountain of Neptune**, and the **Pretorio Palace** with the Diocesan Museum. Nearby are also

the **Church of S. Maria Maggiore** and the **Buonconsiglio Castle**, which has become the symbol of the city.

An absolute attraction for families is the **MUSE**, Museum of Sciences.

For those who want to experience the Italian atmosphere, go shopping, and stroll in a relaxed manner, Trento is an ideal destination. The **weekly market** is held on Thursdays in the historic city center (from 7 a.m. to 2 p.m.).

Trento map



How to get there:

from Laives to the train station: bus no. 116

from Laives train station to Trento: by train (no. 100)



MUSE

The MUSE, located in Trento, is a scientific museum spanning a total area of 19,000 m² spread over six floors. It offers numerous discovery opportunities. The exhibition path is designed as a journey through the Dolomites to the variety of species found in the Alps, passing through the first human settlements and the evolution of living beings. At the center of the MUSE is the unique relationship between humans and nature. You can reach the MUSE from the train station in just a 15-minute walk.

(Entrance is not included in the Bolzano Card)

Book your ticket:

www.muse.it





We look forward to welcoming you!



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